



Lap Swimming Schedule

Schedule effective September 3rd – November 27th

Most lap swimming occurs in the lap swim pool. The 2 lap swim lanes located in the leisure pool will be available for lap swimming during all water aerobics times and lap swim times. Pool equipment is available for use during lap swimming. Lanes are designated by speed, so choose a lane appropriate to your speed.

Sharing lanes is expected. Circle swimming counterclockwise is required whenever more than one person is in a lane.

Times when 25 yard pool will be divided into **3 lap swimming lanes**:

- 6:00a-7:00a Mon.- Fri. (during H2O Aerobics)
- 8:00a-8:30a Mon./Wed./Fri. (during H2O Aerobics)
- 11:30am-12:30pm Tues/Thurs/Fri. (during H2O Aerobics)
- 7pm-9pm Mon.-Thurs. (during Rec. Swim)

Pool Temperatures

25 yard pool = 82-83 degrees / Leisure pool = 86-87 degrees / Spa = 100-102 degrees

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:30a-8:30a	5:30a-8:30a	5:30a-8:30a	5:30a-8:30a	5:30a-8:30a	
11:15a-12:45p	11:15a-12:45p	11:15a-12:45p	11:15a-12:45p	11:15a-12:45p	11a-1p
7p-9p	7p-9p	7p-9p	7p-9p		

